

**FHBL Instructions
Monday (24 May 2021)**

Level	Time	0830 - 0930	0930 - 1030	1030 - 1045	1045 - 1145	1145 - 1245
Year 1	Subject	ICT	English	Break Time	Sports & Wellness	Math
	Topic	Cyber Wellness Lesson 2 Are you a gamer?	Unit 2: Family		Risk Assessment	What decimal number is illustrated? Model decimals and fractions Decimal number lines
	Assignment	- Access an interactive video to understand the addictive elements of games - Do a self-assessment quiz for excessive gaming - View a video about symptoms of excessive gaming - Suggest ways to manage and moderate game time	View and Response to a video stimulus		View the video on evaluating risk based on likelihood and consequences. Using guided questions to identify possible hazards in various common situations.	
	Mode of Learning	Online Work (SLS)	Online Work (SLS)		Online Work (SLS)	Online Work (IXL)
Year 2	Subject	ICT	English	Break Time	Sports & Wellness	Math
	Topic	Cyber Wellness Lesson 2 Are you a gamer?	Grammar: Adjectives		Dance and Movement	Convert between percents, fractions and decimals Percent of a number
	Assignment	- Access an interactive video to understand the addictive elements of games - Do a self-assessment quiz for excessive gaming - View a video about symptoms of excessive gaming - Suggest ways to manage and moderate game time	1. State the adjectives 2. Identify adjectives in given sentences 3. Construct new sentences with given adjectives		To express and communicate feelings and ideas through the use of body as instrument of communication and self-expression. To view thru the provided videos and follow the steps and movement shown as closely as possible. To record and upload a personal video of the dance learnt from following the shown video.	
	Mode of Learning	Online Work (SLS)	Online Work (SLS)		Online Work (SLS)	Online Work (IXL)
Year 3	Subject	Sports & Wellness	English	Break Time	Math	Vocational Education
	Topic	Understanding Nutrition thru Food Journaling	Past Progressive		Convert between percents, fractions and decimals Percent of a number	Facility Services
	Assignment	To watch a video on Nutrition and learn -To compare the nutritional values of similar food items -To learn about serving size and calculate the sugar level of a favourite snack To answer the given questions to reflect understanding of the topic	Complete the given exercise with past progressive			Maintenance of the Electric Water Heater.
	Mode of Learning	Online Work (SLS)	Online Work (SLS)		Online Work (IXL)	Watch video, read powerpoint and do quiz. Online Work (SLS)
	Subject					Hospitality Services (3FB1)
	Topic					Pastry - Fruit Tarts
	Assignment					1. Read and understand the PowerPoint information. 2. Watch the video and answer the questions. 3. Answer the MCQ.
	Mode of Learning					Online Work (SLS)
	Subject					Hospitality Services (3HS1/3HS2)
	Topic					Food Prep - Kitchen Tools & Equipment
	Assignment					1. Read and understand the PowerPoint information. 2. Watch the video and answer the questions. 3. Answer the MCQ.
	Mode of Learning					Online Work (SLS)
	Subject					Mechanical Services
	Topic					Reaming. 1) Watch the videos; 2) Read and Understand the powerpoint; and 3) Do the quiz.
	Mode of Learning					Online Work (SLS)
	Subject					Retail Services
Topic					Basic Retail Operations (BRO): - Y3_BRO_PRACTICE: Step 3_Identify Non-Conforming Items - Unit 1 (Revision)_Receive Merchandise	
Mode of Learning					1) Read and understand the topic in the slides 2) Watch the video clip 3) Complete the activities given accordingly Online Work (SLS)	
Year 4	Subject	Sports & Wellness	Math	Break Time	English	Math
	Topic	Starting New At Golf (SNAG)	Interpret Line Graphs Interpret Bar Graphs		WPL Writing Practice (Baking)	Interpret Line Graphs Interpret Bar Graphs Interpret Tables
	Assignment	This lesson will teach the student: - Basic equipment used in SNAG - Basic grip and stance in SNAG - Proper techniques to use SNAG equipment - Terms used in the game of SNAG				
	Mode of Learning	Online Work (SLS)	Online Work (IXL)		Online Work (SLS)	Online Work (IXL)
Year 5	Subject	Math	Workplace Skills	Break Time	English	Workplace Skills
	Topic	Year 5 HBL - Set 4	Communicate and Relate Effectively at the Workplace		Oral Skills: Improve Your Word Stress	Communicate and Relate Effectively at the Workplace
	Assignment	Revision Paper	- Identify Social and Cultural Differences and its Impact on Communication			- Identify Strategies for Communicating in a Courteous and Respectful Manner that Considers Social and Cultural Differences - Identify Signs of Conflict
	Mode of Learning	Off-screen Work	Online Work (SLS)		Online Work (SLS)	Online Work (SLS)
Year 6	Subject	Math	Workplace Skills	Break Time	English	Workplace Skills
	Topic	WPN Revision (4): Graphs	Apply Emotional Competence to Manage Self at the Workplace		Oral Skills: Improve Your Word Stress	Apply Emotional Competence to Manage Self at the Workplace
	Assignment	Videos and quizzes	- Understanding the Effects of Own Emotional States on Performance and Interpersonal Relationships			- Understanding the Process of Managing Own Emotions and Impulses
	Mode of Learning	Online Work (SLS)	Online Work (SLS)		Online Work (SLS)	Online Work (SLS)